

**Living with  
cystic fibrosis**  
Together we  
gonna make it!



## Our way of working

Our work is solution-oriented and always involves the existing resources of people with cystic fibrosis.

Most important for our consultations is the guiding principle of self-help and self-determination. Our mission/goal is to provide help for self-help. We see ourselves as supporters and companions.

### We advise you:

- » in our office at Rykestr. 25, 10405 Berlin
- » at your home
- » by phone
- » by email
- » anonymous on request

Conversations are treated confidentially.

**Air to breathe –  
Your donation  
helps!**

**Mukoviszidose Landesverband  
Berlin-Brandenburg e.V.**  
Rykestraße 25 | 10405 Berlin

### Opening hours

Monday till Friday: 9.30 – 16 / or by arrangement  
Tel: 030 40 30 19 53  
[kontakt@muko-berlin-brandenburg.de](mailto:kontakt@muko-berlin-brandenburg.de)  
[www.muko-berlin-brandenburg.de](http://www.muko-berlin-brandenburg.de)

### Bank account

Bank für Sozialwirtschaft  
IBAN: DE74 1002 0500 0003 5333 11  
BIC: BFSWDE33BER

With friendly support:



Visit us!



**We support, inform,  
advise and accompany**

Free consultation service for people  
with cystic fibrosis and their relatives



## We offer you the following consulting services:

### Psychosocial consultation

- » supportive conversations for disease management
- » supportive conversations for emergencies/ crisis situations
- » conversations/help for decisions in life-changing situations
- » conversation in conflict situations
- » Support by identifying personal resources to cope with difficult life situations

Please arrange an appointment for the consultation

### Social consultation

Please note, that we do not offer legal advice, but refer legal cases/questions to specialists or lawyers.

In our social counselling, we primarily inform you about your rights and opportunities for supportive services. Together we will look at your options and consider what can be achieved.

- » General advice on social law
- » Identify your rights, options for support and entitlements to benefits and services
- » Support with the application process
- » Arranging contact or information and other support services



### Our free of charge counselling service is aimed at:

- » patients
- » parents
- » siblings
- » all other relatives of people with cystic fibrosis

We give advice to professionals, to daycarecentres, to schools and to other social institutions.

We also offer support and information to employers.